



ARISTAEUS
HONEY & HEALTHCARE

DIY beeswax wraps manufacturer's guidelines

Equipment required

- One or more blocks of our beeswax, organic jojoba oil and pine resin
- 4x 30cm x 30cm cotton fabric squares for each block – or whatever size and shape takes your fancy. Each 90g block should cover 4 wraps, but will probably cover more. It should be noted that some fabric will be thirstier than others
- Pinking shears to prevent the fabric from fraying around the edges
- Glass (preferably pyrex or similarly tempered) or stainless steel jug
- Pot, large enough to hold the glass or stainless jug
- Small paintbrush
- Baking paper (two sheets, about 10cm larger than the fabric you are covering), cardboard (same size as the baking paper) and iron or
- Tin foil, roasting pan (better make it an old one, rather than one used for Sunday roasts) and oven

Guidelines

For both methods (the double boiler)

1. Half fill a saucepan with water, bring to the boil then reduce to a gentle simmer
2. Place your wax block(s) into the glass or stainless jug and carefully place the jug onto the simmering water – if you're using a pyrex jug, the handle should fit over the lip of the pot
3. When the wax has melted (keep in mind that beeswax has a high melting point and you may want to make yourself a sandwich and a cuppa tea while you wait), take the double boiler off the stove

Option one - the iron method (recommended)

1. Tape one sheet of baking paper to the cardboard, and tape one edge of the second sheet of baking paper to the cardboard (kinda like flipping the page on a notepad that's glued along the top edge)
2. Place your first piece of fabric on top of the bottom sheet of baking paper
3. Brush the mixture onto the fabric – don't be afraid to be generous
4. Cover the fabric with the second sheet of baking paper
5. Iron gently over the top of the fabric and baking paper to infuse the wax – take care not to press too hard as this will squeeze all the wax from the fabric
6. Lift the top sheet of baking paper
7. Remove your wrap

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8. Hang to dry for about 5 minutes
9. Repeat for the rest of your fabric

Option two (the oven method)

1. Lay your fabric flat on a sheet of tin foil inside the roasting pan
2. Brush the mixture onto the fabric – don't be afraid to be generous
3. Place the roasting pan in the oven for ten minutes at 100 degrees (pre-heated) – this will infuse the wax
4. Remove the roasting pan from the oven and your wrap from the tin foil
5. Hang to dry for about 5 minutes
6. Repeat for the rest of your fabric

